PSYCHOLOGIES

MAGAZINE



CULTURE

PAMPER YOUR MIND

Forget signing up for lengthy courses – we love the idea of learning about the world of art with London Art Studies' new series of lectures in the luxury surroundings of the Bulgari Hotel, London.

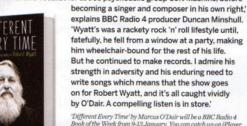
From studying the works of Picasso and Warhol ('Birth of Venus', pictured above), to learning how to get the most out of visiting hot new exhibitions, the lectures by London Art Studies have been curated to be engaging and accessible to everyone, from inquisitive beginners to seasoned collectors. For more details, visit londonartstudies.com.

BOOKS TO SOOTHE THE SOUL

WE LOVE: Different Every Time: The Authorised Biography Of Robert Wyatt by Marcus O'Dair (Serpent's Tail, £8.99)

OUR FRIENDS AT RADIO 4 TELL US WHY THIS BIOGRAPHY OF '60S ROCK STAR ROBERT WYATT WILL DRAW YOU IN:

'Author and musician Marcus O'Dair tells the story of Robert Wyatt, famously the drummer and vocalist for 1960s psychedelic group Soft Machine, before



Different Every Time' by Marcus O'Dair will be a BBC Radio 4 Book of the Week from 9-13 January. You can catch up on iPlayer for 30 days after broadcast. The abridger is Katrin Williams. Go to bbc.co.uk/ books for more up

*** ANCIENT TRADITIONS, WHY WE MAKE NEW YEAR RESOLUTIONS, ROYAL HOLLOWAY,